



Technical Secretary



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ON VISCOSUPPLEMENTATION: BEYOND KNEE TREATMENTS





About the Educational Course:

FIDIA JOINT CARE believe in educational courses with the aim of exploring therapeutical solution in theory and practice. For this reason, we are glad to invite to our **CADAVER LAB** PRO that will be in March on 24 and 25 at IMSKE Hospital of Valencia.

The main learning objectives of the training are:

- Acquire knowledge on basic principles and practical applications of ultrasonography.
- Improve the intra-articular and peri-tendinous injection skills on the upper and lower limb, by theoretical sessions and direct practice on anatomical specimens.
- Provide an overview on Fidia intra-articular portfolio of medical devices based on hyaluronic acid and system for autologous platelet-rich plasm concentration.

36 participants World Wide will be split in group of three, with an ultrasound machine and an anatomical specimen for each anatomic table per 2 days intensive course with qualificated Tutor.

The speakers will also coordinate the practical training as tutors: during the practice, the participants will be split in group of three, with an ultrasound machine and an anatomical specimen for each anatomic table.

SPEAKERS

Pablo Menéndez, MD

Orthopedic Surgeon. Hospital Universitario Central de La Cruz Roja San José y Santa Adela. Madrid, Spain.

Carmelo Messina, MD PhD

Unit of Diagnostic and Interventional Radiology. IRCCS Galeazzi Orthopedic Institute, Milano. Department of Biomedical Sciences for Health. Università degli Studi di Milano. Italy.

Davide Orlandi, MD

Consultant Radiologist, Ospedale Evangelico Internazionale, Genova. ESSR Research Committee Chairperson. Past Councillor of the Italian College of Musculoskeletal Radiology.

Prof. Raffaello Pellegrino, MD

Director of the Department of Scientific Research. Campus Ludes Lugano Switzerland. Off Campus Semmelweis University. Antalgic Mini-Invasive and Rehab Outpatients Unit. Dipartimento di Tecnologie Innovative in Medicina e Odontoiatria. <u>G. D'Annunzio</u> University of Chieti.

Luca Maria Sconfienza, MD PhD

Unit of Diagnostic and Interventional Radiology. IRCCS Galeazzi Orthopedic Institute, Milano. Department of Biomedical Sciences for Health. Università degli Studi di Milano. Italy.

Raid Tlai, MD

Physical and Rehabilitation Medicine Specialist. Hospital Nuestra Señora del Prado. Talavera de la Reina, Toledo, Spain.

Umberto Viglino, MD

Radiologist, University of Genoa, Italy.

FRIDAY 24 MARCH

- 10:45 Registration
- Welcome & Introduction | G. Galante 11:00
- IAHA treatment in OA management | P. Parenzan / R. Pellegrino 11:15 • The right product for the right patient • Not only OA joint: new approach on tendinopathy
- L Ultrasonography and ultrasound-guided injections | L. Sconfienza / D. Orlandi 12:00 Basic principle of ultrasound physics
 - From ultrasound physics to medical imaging
 - The application to clinical practice of viscosupplementation

13:00 Lunch

- 14:00 Intra-articular US-guided viscosupplementation technique and tendons injections: shoulder and hip I L. Sconfienza / D. Orlandi

 - Positioning the patient
 Ultrasound scan and injection approach
 - Target area and quantity of HA viscosupplement
 - Recommended needles
 - Tips and tricks
 - Questions
- 15:00 Practical session of intra-articular viscosupplementation and tendons injections: shoulder and hip P. Menéndez / C. Messina / D. Orlandi / R. Pellegrino / L. Sconfienza / R. Tlai / U. Viglino

16:30 Break

- Practical session of intra-articular viscosupplementation and tendons injections: 17:00 shoulder and hip- work station's change P. Menéndez / C. Messina / D. Orlandi / R. Pellegrino / L. Sconfienza / R. Tlai / U. Viglino
- End of the course & transfer to the hotel 18:30

SATURDAY 25 MARCH

- Transfer to the University 08:00
- 08:30 Intra-articular US-guided viscosupplementation technique and tendons injections: elbow, wrist, ankle and Achille's tendon | L. Sconfienza / D. Orlandi

 - Positioning the patient
 Ultrasound scan and injection approach
 - Target area and quantity of HA viscosupplement
 - Recommended needles
 - Tips and tricks

Coffee Break 09:30

- Practical session of intra-articular viscosupplementation and tendons injections: 10:00 elbow, wrist, ankle and Achille's tendon P. Menéndez / C. Messina / D. Orlandi / R. Pellegrino / L. Sconfienza / R. Tlai / U. Viglino
- 12:00 Lunch
- **Final questionnaire** 13:00
- **Closing remarks** 13:30